

# the Early Bird Savings Club



Quarterly Newsletter for Kids

## Indoor Camping

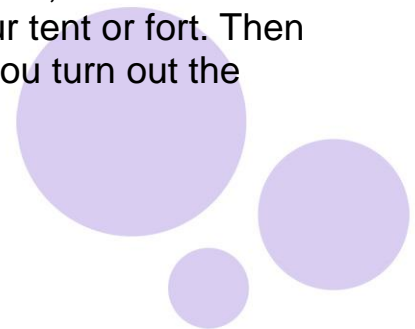
You can create a camping adventure for family and friends at your house—inside it, in fact! Indoor camping is a great way to celebrate summer indoors when the weather is bad, or you just don't want to put on all that bug spray.

If your family has a tent, see if you can set it up in the living room or other open space. Or, you can build a fort using chairs, large blankets, sleeping bags, and lots and lots of pillows. Once you have your tent up, it's time for camping fun!



### Indoor camping activities:

- Read books out loud to each other about the wilderness, the stars, or animals
- Make s'mores over the grill outside, the stove, or in the oven
- Make hotdogs and other camping foods for dinner
- Make cutouts of mountains, stars, trees, bears, and other animals and tape them to the outside of your tent or fort. Then use flashlights to see their shadows when you turn out the lights at night!
- Tell spooky stories



## *Make Ice Cream in a Bag*

You don't need a fancy ice cream machine to make your own ice cream—all you need are a few ingredients, two plastic baggies, and some ice. What crazy flavor combinations will you make?

Makes: 1 serving

Time: 0:20



### **Ingredients**

- 1 c. half-and-half
- 2 tbsp. sugar
- 1/2 tsp. pure vanilla extract (or other adventurous extract flavor)
- 3 c. crushed ice
- 1/3 c. kosher salt
- Toppings of your choice

### **Directions**

1. In a small sealable plastic bag (sandwich size will do), combine half-and-half, sugar, and extract flavor. Press out excess air and seal.
2. Into a larger bag (one-gallon freezer bag works great), combine ice and salt.
3. Place small bag inside the bigger bag and shake vigorously, about 7 to 10 minutes, until ice cream has hardened.
4. Remove ice cream from bag and enjoy with your favorite ice cream toppings!

